

Preventing Suicide: The Suicide Prevention Resource Center's Effective Prevention Model

Wednesday, May 30th, 2018

2:00 PM – 3:00 PM ET



The National Center for Fatality Review and Prevention

About the National Center for Fatality Review and Prevention

- The National Center for Fatality Review and Prevention (NCFRP) is a resource and data center that supports child death review (CDR) and fetal and infant mortality review (FIMR) programs around the country.
- It is funded in part by Cooperative Agreement Number UG7MC28482 from the U.S. Department of Health and Human Services (HHS), Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB).



HRSA's Overall Vision for NCFRP

- Through delivery of data, training, and technical support, NCFRP will assist state and community programs in:
 - Understanding how CDR and FIMR reviews can be used to address issues related to adverse maternal, infant, child, and adolescent outcomes
 - Improving the quality and effectiveness of CDR/FIMR processes
 - Increasing the availability and use of data to inform prevention efforts and for national dissemination
- Ultimate Goal:
 - Improving systems of care and outcomes for mothers, infants, children, and families



Housekeeping Notes

- **Webinar is being recorded and will be available within 2 weeks on our website: www.ncfrp.org**
- All attendees will be muted and in listen only mode
- Questions can be typed into the “Questions” pane
 - Due to the large number of attendees, we may not be able to get to all questions in the time allotted
 - All unanswered questions will be posted with answers on the NCFRP website

Guest Speakers



Suicide Prevention Resource Center

Julie Ebin
Manager, Special
Initiatives



Webinar Goals

- Explain the importance of a comprehensive approach to suicide prevention
- Describe 3 key elements of effective prevention
- Identify how to use SPRC's website to connect with state youth suicide prevention leads
- Locate key resources for planning and implementing a comprehensive approach to suicide prevention in your state/community

Preventing Suicide: The Suicide Prevention Resource Center's Effective Prevention Model

Julie Ebin, EdM

Manager, Special Initiatives
Suicide Prevention Resource Center
Education Development Center, Inc.

May 30, 2018
National Center for Fatality Review and Prevention



@SPRCTweets




Funding and Disclaimer



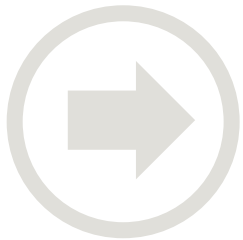
The Suicide Prevention Resource Center at EDC is supported by a grant from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services, under Grant No. 5U79SM062297.

The views, opinions, and content expressed are the views of the authors and do not necessarily reflect the official position of SAMHSA or HHS.

Preventing Suicide: The Suicide Prevention Resource Center's
Effective Prevention Model



Overview



- What Child Death Review Teams (CDRs) are doing with respect to suicides
- Suicide Prevention Resource Center's (SPRC's) Effective Prevention Model
- Connecting with state suicide prevention resources
- Community suicide prevention resources
- Q&A

About SPRC

- ✓ Funded since 2002 by SAMHSA, housed at EDC
- ✓ Training and Technical Assistance for SP Grantees and State leadership
- ✓ Support for health and behavioral health care organizations
- ✓ Secretariat support for the National Action Alliance for Suicide Prevention
- ✓ Library of programs with evidence of effectiveness
- ✓ The Weekly Spark newsletter with the latest news and research
- ✓ Guidance for your effective prevention approach
- ✓ Online, self-paced learning modules
- ✓ Toolkits, fact sheets, guides, reports, and more

SPRC

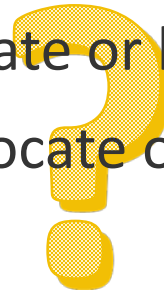
Who's Here?

Are you from a state or local team?



Who's Here?

Do you have a state or local suicide prevention leader/advocate on your team?

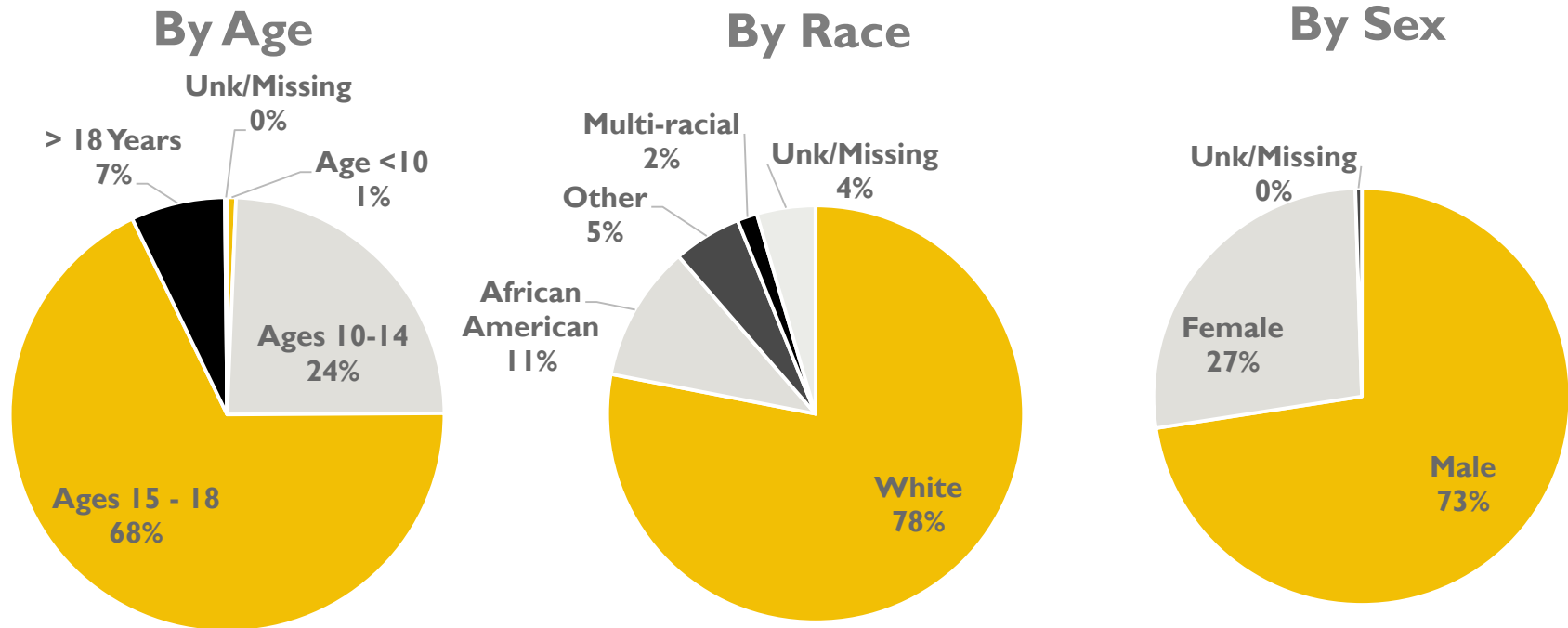


Who's Here?

Have you ever done a suicide review?



Child Death Review-Case Reporting System (CDR-CRS) Data: Manner Of Death = Suicide, n = 5,351



(Data download from 03/24/2017. Approved dataset for release. Suicide data from 34 states, 2004-2016)

Source: National Center for Fatality Review and Prevention,
presentation to SPRC staff, 2/14/18

Suicide Deaths vs. CDR CRS

	Years 2004-2016	Suicide Deaths
	U.S., ages 0-19 (CDC WISQARS)	26,626 Recorded
	CDR-CRS	5,351 Reviews Recorded

10 Leading Causes of Death by Age Group, United States – 2016

Rank	<1	1-4	5-9	10-14	15-24	25-34	35-44	45-54	55-64	65+	Total
1	Congenital Anomalies 4,816	Unintentional Injury 1,261	Unintentional Injury 787	Unintentional Injury 847	Unintentional Injury 13,895	Unintentional Injury 23,984	Unintentional Injury 20,975	Malignant Neoplasms 41,291	Malignant Neoplasms 116,364	Heart Disease 507,118	Heart Disease 635,260
2	Short Gestation 3,927	Congenital Anomalies 433	Malignant Neoplasms 449	Suicide 436	Suicide 5,723	Suicide 7,366	Malignant Neoplasms 10,903	Heart Disease 34,027	Heart Disease 78,610	Malignant Neoplasms 422,927	Malignant Neoplasms 598,038
3	SIDS 1,500	Malignant Neoplasms 377	Congenital Anomalies 203	Malignant Neoplasms 431	Homicide 5,172	Homicide 5,376	Heart Disease 10,477	Unintentional Injury 23,377	Unintentional Injury 21,860	Chronic Low. Respiratory Disease 131,002	Unintentional Injury 161,374
4	Maternal Pregnancy Comp. 1,402	Homicide 339	Homicide 139	Homicide 147	Malignant Neoplasms 1,431	Malignant Neoplasms 3,791	Suicide 7,030	Suicide 8,437	Chronic Low. Respiratory Disease 17,810	Cerebro-vascular 121,630	Chronic Low. Respiratory Disease 154,596
5	Unintentional Injury 1,219	Heart Disease 118	Heart Disease 77	Congenital Anomalies 146	Heart Disease 949	Heart Disease 3,445	Homicide 3,369	Liver Disease 8,364	Diabetes Mellitus 14,251	Alzheimer's Disease 114,883	Cerebro-vascular 142,142
6	Placenta Cord. Membranes 841	Influenza & Pneumonia 103	Chronic Low. Respiratory Disease 68	Heart Disease 111	Congenital Anomalies 388	Liver Disease 925	Liver Disease 2,851	Diabetes Mellitus 6,267	Liver Disease 13,448	Diabetes Mellitus 56,452	Alzheimer's Disease 116,103
7	Bacterial Sepsis 583	Septicemia 70	Influenza & Pneumonia 48	Chronic Low Respiratory Disease 75	Diabetes Mellitus 211	Diabetes Mellitus 792	Diabetes Mellitus 2,049	Cerebro-vascular 5,353	Cerebro-vascular 12,310	Unintentional Injury 53,141	Diabetes Mellitus 80,058
8	Respiratory Distress 488	Perinatal Period 60	Septicemia 40	Cerebro-vascular 50	Chronic Low Respiratory Disease 206	Cerebro-vascular 575	Cerebro-vascular 1,851	Chronic Low. Respiratory Disease 4,307	Suicide 7,759	Influenza & Pneumonia 42,479	Influenza & Pneumonia 51,537
9	Circulatory System Disease 460	Cerebro-vascular 55	Cerebro-vascular 38	Influenza & Pneumonia 39	Influenza & Pneumonia 189	HIV 546	HIV 971	Septicemia 2,472	Septicemia 5,941	Nephritis 41,095	Nephritis 50,046
10	Neonatal Hemorrhage 398	Chronic Low Respiratory Disease 51	Benign Neoplasms 31	Septicemia 31	Complicated Pregnancy 184	Complicated Pregnancy 472	Septicemia 897	Homicide 2,152	Nephritis 5,650	Septicemia 30,405	Suicide 44,965

Data Source: National Vital Statistics System, National Center for Health Statistics, CDC.
Produced by: National Center for Injury Prevention and Control, CDC using WISQARS™.



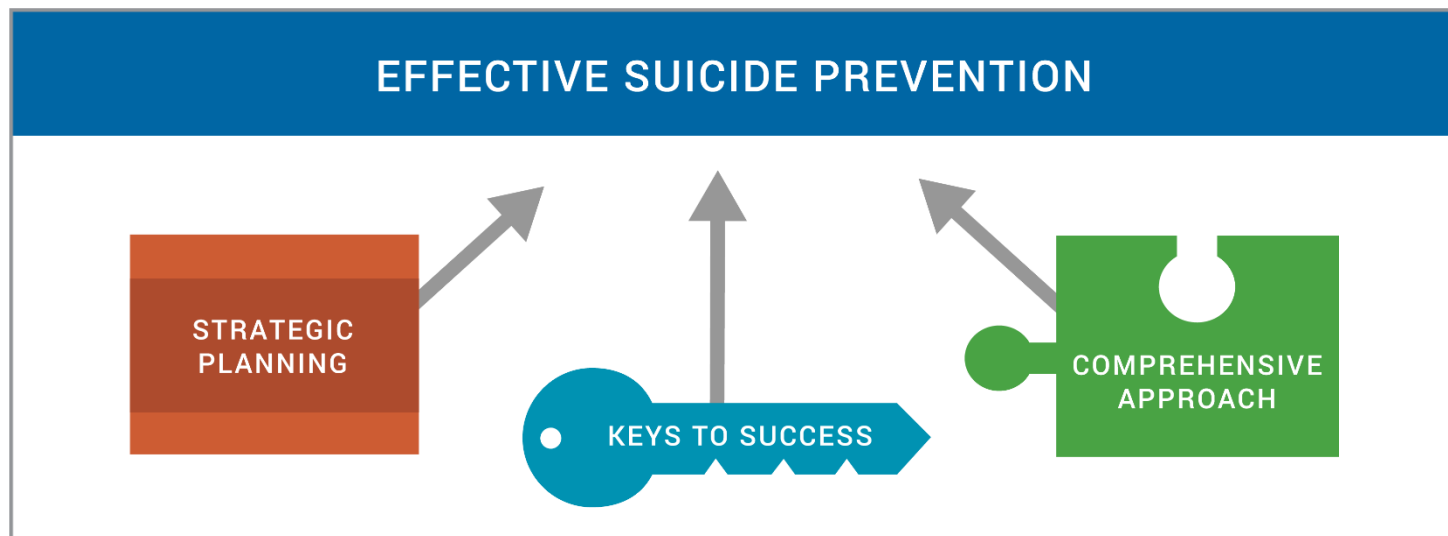
Centers for Disease
Control and Prevention
National Center for Injury
Prevention and Control

Connecting with Suicide Prevention Leadership



Suicide is
Preventable

SPRC's Effective Prevention Model



Strategic Planning



Outcomes Reported by Individual Teams

- Increased suicide prevention gatekeeper training programs
- Firearm storage for parents with kids at risk
- Formed suicide coalition as a result of reviews
- Tracked ACE scores in 2016 on all FIMR, CDR and MMR
- Distributed safety kits via first responders/EMS



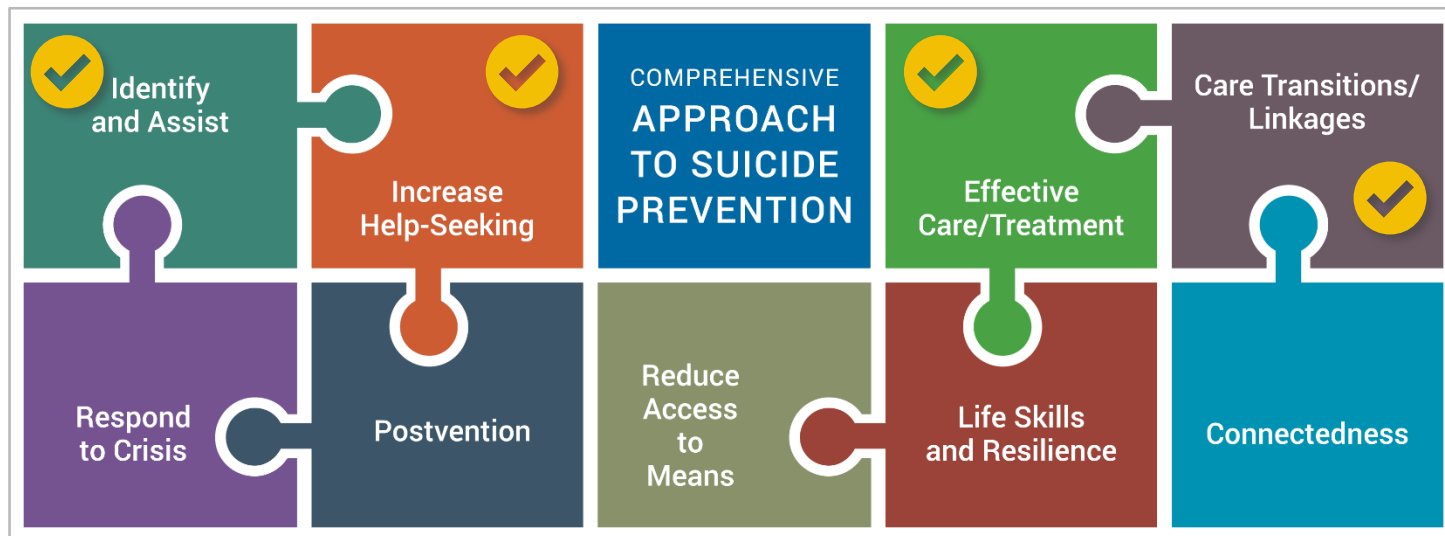
Outcomes

Source: National Center for Fatality Review and Prevention,
Presentation to SPRC, 2/14/18

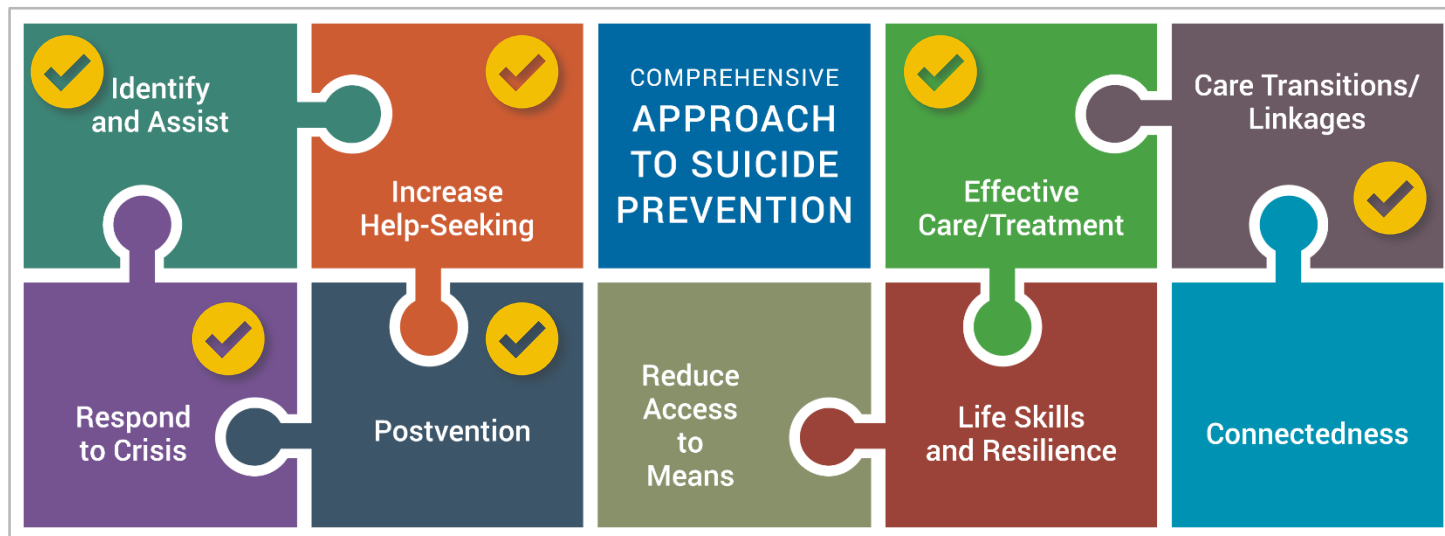
SPRC's Comprehensive Approach



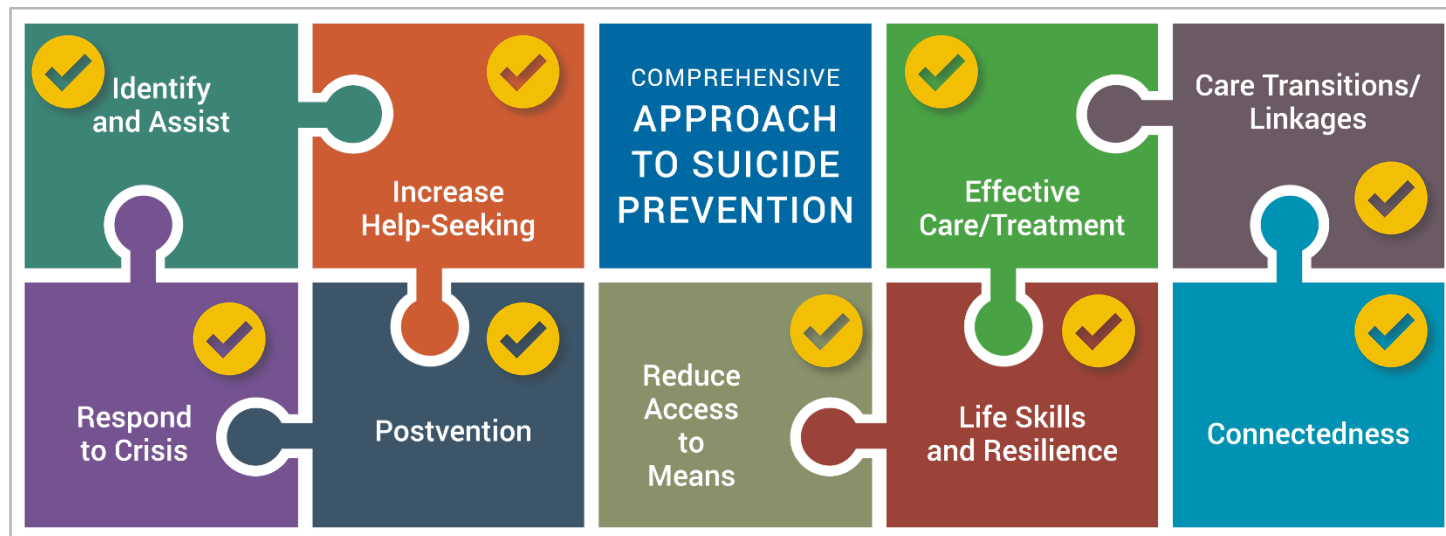
What are you or your Team partners doing?



SPRC's Comprehensive Approach

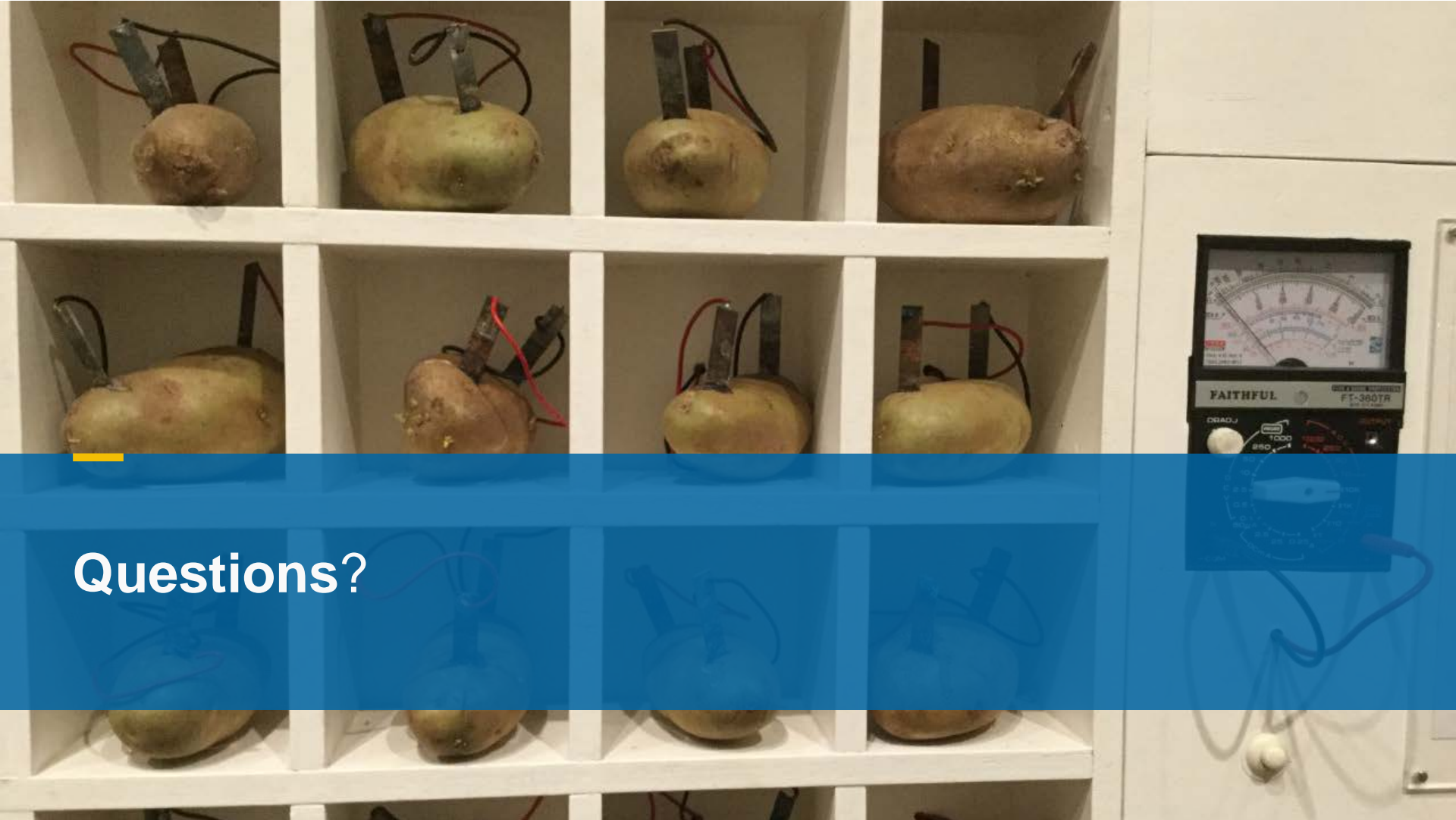


SPRC's Comprehensive Approach



What are you or your Team partners doing?



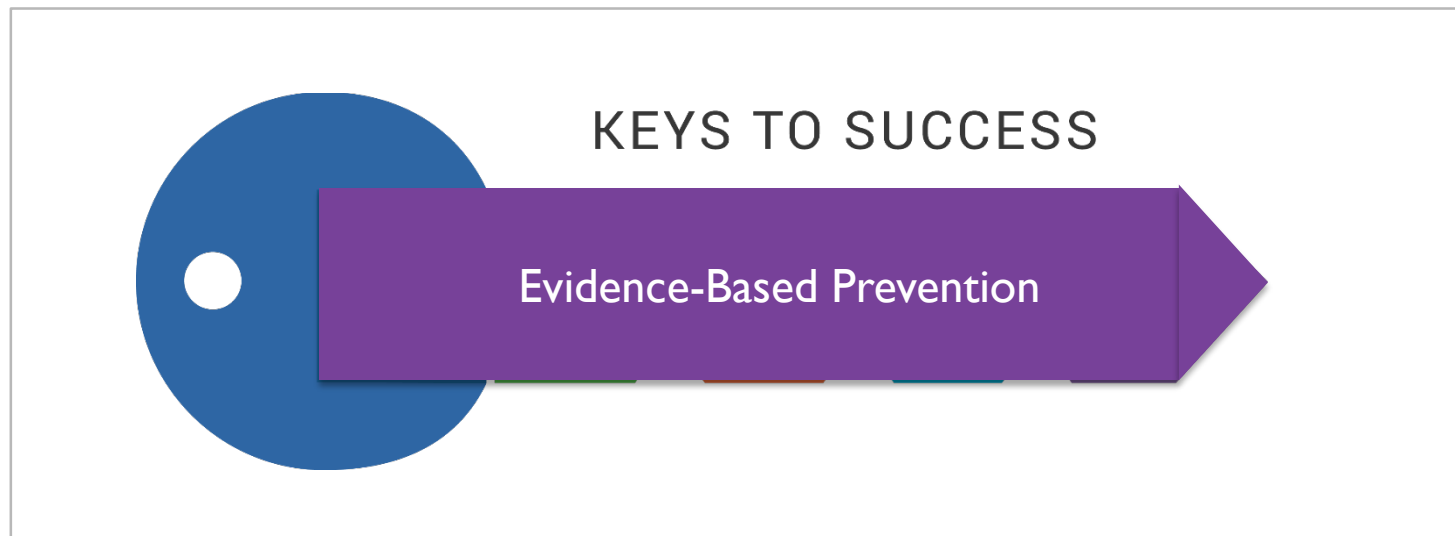


Questions?

Guiding Principles



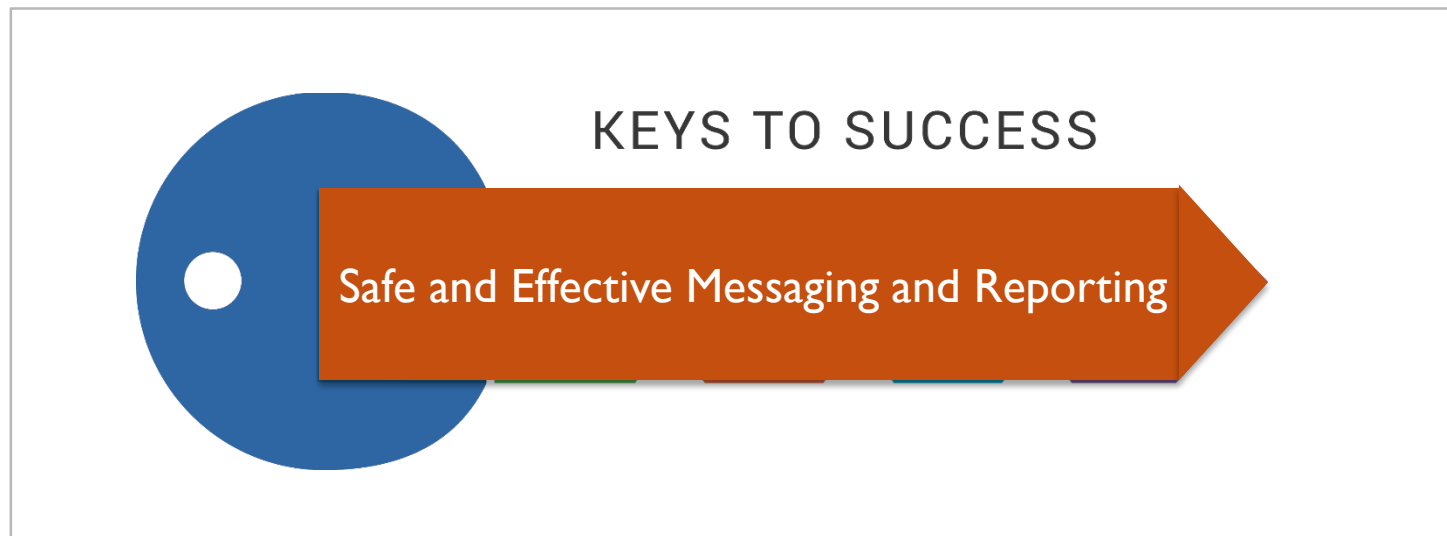
Guiding Principles



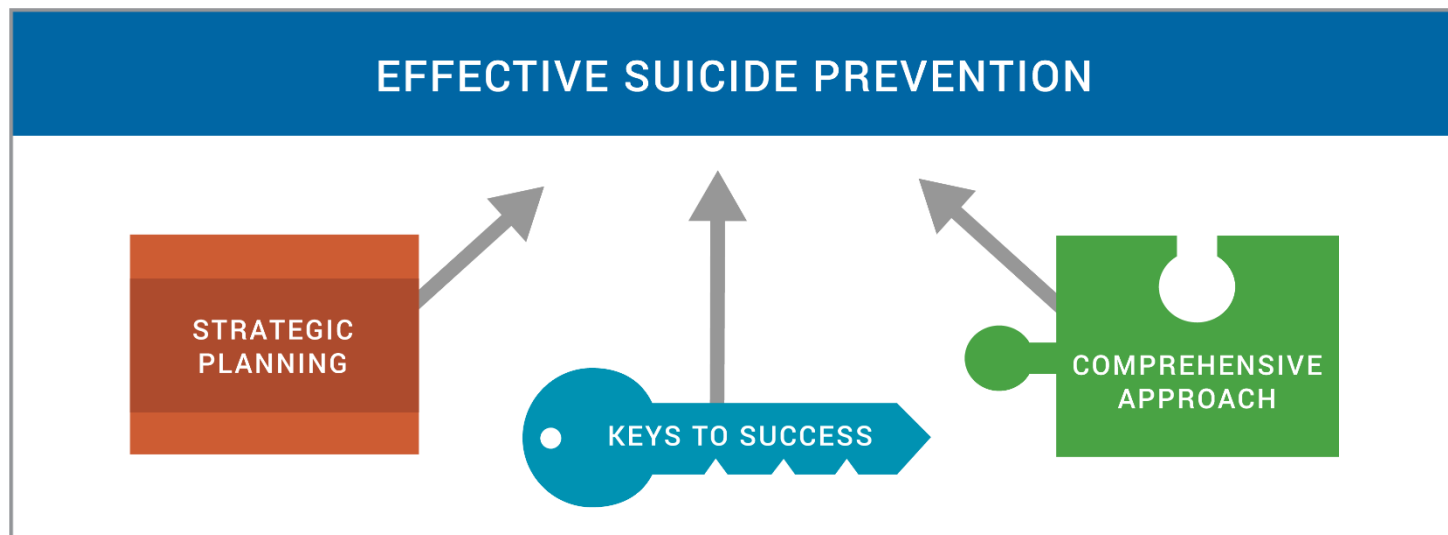
Guiding Principles



Guiding Principles



SPRC's Effective Prevention Model on www.sprc.org



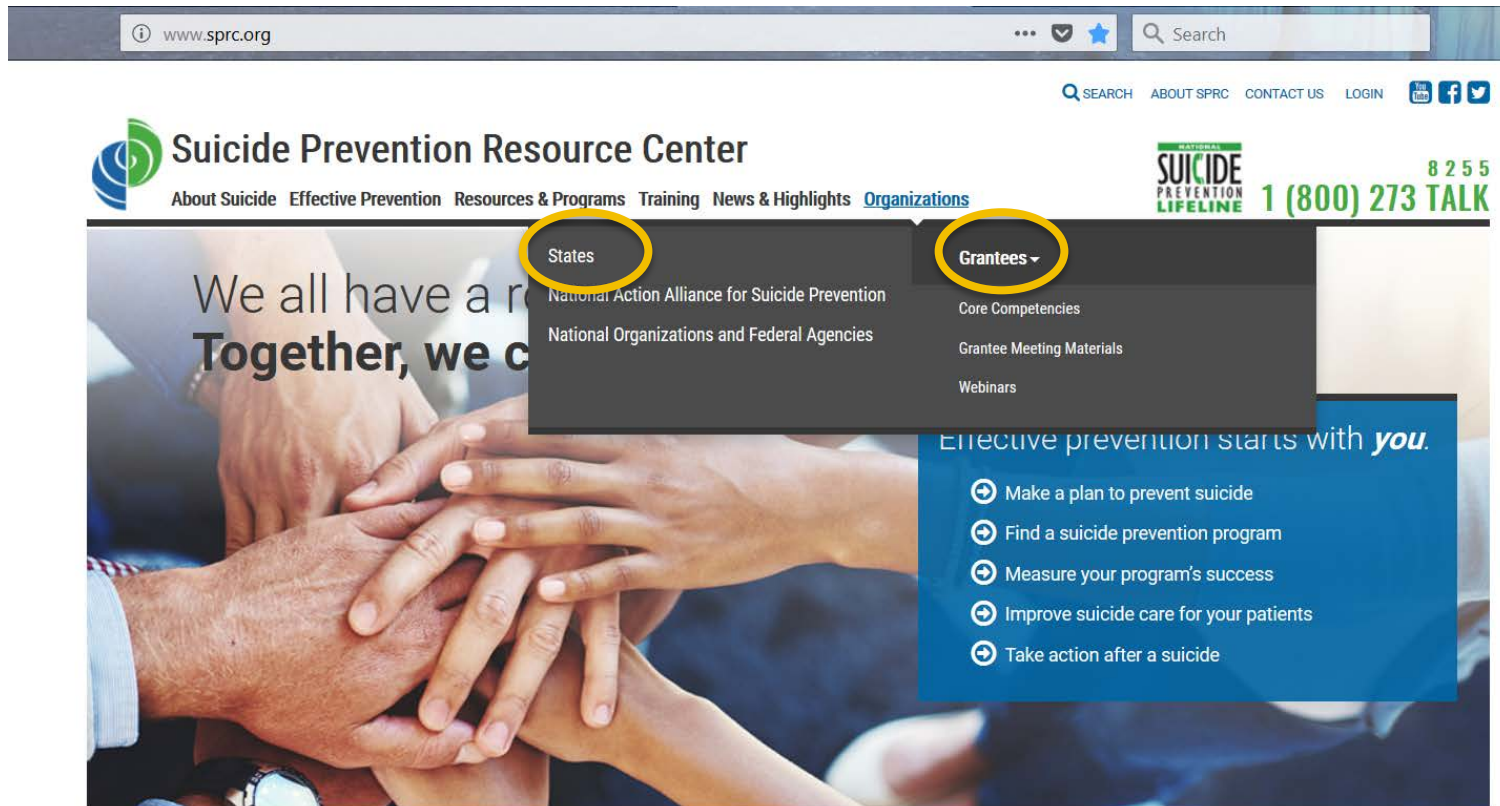


Questions?



Suicide Prevention Resources

Connecting with State Suicide Prevention Resources



State Pages

Featured Tool

Virtual Learning Lab

Virtual Learning Lab: State Suicide Prevention

This online learning lab can assist state and community leaders to more strategically build partnerships and improve their efforts to prevent suicide and overcome common challenges.

New from the Weekly Spark

Suicide among Mothers of Children Taken into Custody

States

Suicide prevention efforts can have greater power when they move beyond a single organization to reach a whole community. Find out what's going on in your state and consider ways to join with partners to have a greater impact. Find your state below for information and resources, including:

- » Contact information
- » Suicide prevention plans
- » State and community organizations involved in suicide prevention
- » Garrett Lee Smith Suicide Prevention Act and National Strategy for Suicide Prevention (NSSP) grantees
- » Current legislation and news updates



Alabama

[View Prevention Plan](#)

State Contact: Betsy Cagle, (334) 206-3995,
Betsy.Cagle@adph.state.al.us



Alaska

[View Prevention Plan](#)

State Contact: James Gallanos, (907) 465-8536,
james.gallanos@alaska.gov



Arizona

[View Prevention Plan](#)

State Contact: Nikki Kontz, (602) 248-8337, nikki@teenlifeline.org

South Carolina

State Suicide Prevention Website: [South Carolina Department of Mental Health](#)

State Coalition Website: [South Carolina Suicide Prevention Coalition](#)

Contacts

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Cayce, SC 29033
United States
Phone: (803) 552-9318
hpridgen@afsp.org



State and Community Organizations

[NAMI - South Carolina](#)
(803) 733-9592

[Mental Health America of South Carolina](#)
(803) 779-5363

[American Foundation for Suicide Prevention - South Carolina Chapter](#)
(803) 552-9318

[+ All Organizations in this State](#)

Current GLS, NSSP, and Zero Suicide Grantees

[South Carolina Department of Mental Health](#)

[+ See Full Listing of Grantees](#)

All Resources Related to South Carolina

Displaying 2 results. Refine results using the filters on the left.

RESOURCE/PROGRAM

State Lifeline Reports: July - December, 2017

2018

RESOURCE/PROGRAM

NVDRS special report: Deaths from suicide among U.S. Veterans and Armed Forces

2018

Garrett Lee Smith Grantees

Displaying 13 results

Grant Status

Select

State

Michigan

Keyword

Enter a single word or a phrase in quotes (safety or "safety planning")

[Reset Filters](#) [APPLY](#)

<p>TRIBAL</p> <p>American Indian Health and Family Services</p> <p>The AIHFS of Southeast Michigan's R.E.S.P.E.C.T. Project, serves primarily AI/AN youth and young adults ages 10-24 in Detroit and Southeastern Michigan, with a goal to partner with tribal communities throughout the state.</p> <p>Status: Active Location: Michigan Read more</p>	<p>CAMPUS</p> <p>Grand Rapids Community College</p> <p>The GRCC Campus Suicide Prevention Program will build capacity for facilitating mental health education and suicide prevention. Activities will...</p> <p>Status: Active Location: Michigan Read more</p>	<p>STATE</p> <p>Michigan Dept. of Community Health</p> <p>Michigan consistently has higher rates of suicide among youth and young adults than the nation as a whole. Building on the foundational work done in...</p> <p>Status: Active Location: Michigan Read more</p>
<p>CAMPUS</p> <p>University of Michigan</p> <p>The University of Michigan, as the flagship public university in the state of Michigan, educates over 43,000 students a year and is the largest...</p> <p>Status: Active Location: Michigan</p>	<p>CAMPUS</p> <p>Wayne State University</p> <p>Wayne State University (WSU) is proposing a suicide prevention project whose purpose is to eliminate deaths by suicide in the University community...</p> <p>Status: Active Location: Michigan</p>	<p>TRIBAL</p> <p>American Indian Health and Family Services</p> <p>The mission of American Indian Health and Family Services of SE Michigan (AIHFS) is to enhance the physical, spiritual, emotional and mental well...</p> <p>Status: Alumni</p>

Key Team Suicide Prevention Resources

Suicide Prevention Resource Center:

www.sprc.org

Transforming Communities: Key elements for the implementation of comprehensive community-based suicide prevention

<http://www.sprc.org/resources-programs/transforming-communities-key-elements-implementation-comprehensive-community>

CDC's Preventing Suicide: A technical package of policies, programs, and practices

<http://www.sprc.org/resources-programs/preventing-suicide-technical-package-policies-programs-practices>

A Strategic Planning Approach to Suicide Prevention

<https://training.sprc.org/enrol/index.php?id=7>

Zero Suicide in Health and Behavioral Healthcare

<http://zerosuicide.sprc.org/>

National Action Alliance for Suicide Prevention's Framework for Successful Messaging

<http://suicidepreventionmessaging.org/>



If you want to go fast, go alone.
If you want to go far,
...go together

- African Proverb



Key Takeaways

Next Steps

- ✓ Connect with your local or state suicide prevention leaders
- ✓ Consider increasing your team's suicide reviews
- ✓ Work with partners to create a **comprehensive, evidence-based approach** to suicide prevention efforts
- ✓ Incorporate input from people with “lived experience”
- ✓ Review and keep in mind safe and effective messaging approaches



Thank you!

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@SPRCTweets



Education
Development
Center



Questions

- As a reminder:
 - Questions can be typed into the “Questions” pane
 - Due to the large number of attendees, we may not be able to get to all questions in the time allotted
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NCFRP is on Social Media: NationalCFRP



What's Next?



Our next webinar:

Planning for SIDS Awareness Month

A CDC SUID and SDY Case Registry Webinar

<https://register.gotowebinar.com/register/6070691060395808002>

Save the date!

**Tuesday
July 17, 2018
2:00 PM – 3:00 PM ET**

THANK YOU!

Additional questions can be directed to:
info@ncfrp.org

