

# **Helpful Grief Websites**

## General

What's Your Grief: www.whatsyourgrief.com

Grief education, exploration, and expression in both practical and creative ways

Hello Grief: www.hellogrief.org

A place to share and learn about grief; adult friendly

Modern Loss: <a href="https://modernloss.com">https://modernloss.com</a><br/>Candid conversations about grief

# **Parents**

Compassionate Friends: www.compassionatefriends.org

Comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family

Bereaved Parents of the USA: www.bereavedparents.org

Offers support, understanding, compassion and hope to be reaved parents grandparents or siblings struggling to rebuild their lives after the death of their children, grandchildren or siblings

Still Standing Magazine: www.stillstandingmag.com

Help to embrace life for everything that it is after experiencing the loss of a child or infertility

## Teen

Slap'd: https://slapd.com

Social media for teens who have lost a parent

Too Damn Young: http://toodamnyoung.com

Community and information for grieving teens

**Shared Grief Project:** <a href="http://sharedgrief.org">http://sharedgrief.org</a>

For bereaved children and teens. Shared stories of individuals who have experienced a major death at an early age and have gone on to live healthy, happy, and successful lives

Kids Grief Relief: http://www.kidsgriefrelief.org

Grief Support to Empower Bereaved Children and Teens

The Compassionate Friends for Siblings: https://www.compassionatefriends.org/find-support/online-

communities/private-facebook-groups

A closed Facebook group for bereaved siblings

#### Children

Kidsaid: <a href="https://www.kidsaid.com">https://www.kidsaid.com</a>

A safe place for kids to help each other deal with grief and loss

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