



Incorporating Trauma-Informed Systems and Practices into Fatality Review

Telling Each Story to Save Lives Nationally



KEY FUNDING PARTNER

FEDERAL ACKNOWLEDGEMENT

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HOUSEKEEPING

Before we get started

- This webinar is being recorded and will be available on the National Center's webpage (URL: www.ncfrp.org).
- Participants are muted. Use the question and answer box to ask questions.
- Due to the large number of participants, the speakers may be unable to answer all questions. Unanswered questions will be answered and posted with the recording.
- Contact the National Center (email: info@ncfrp.org) for any tech problems.





EVALUATION

<https://www.surveymonkey.com/r/32BRMMX>

Sara B. Kinsman, MD, PhD

Welcome & Opening Remarks

Director, Division of Child Adolescent and Family Health

Maternal and Child Health Bureau,

Health Resources and Service Administration

<https://mchb.hrsa.gov/>





HRSA'S VISION FOR THE NATIONAL CENTER

IMPROVING SYSTEMS OF CARE AND OUTCOMES FOR MOTHERS, INFANTS, CHILDREN, AND FAMILIES

Assist state and community programs in:

- Understanding how CDR and FIMR reviews can be used to address issues related to adverse maternal, infant, child, and adolescent outcomes
- Improving the quality and effectiveness of CDR/FIMR processes
- Increasing the availability and use of data to inform prevention efforts and for national dissemination

PRESENTATION GOALS



Explore the basic elements of trauma-informed child and family service systems



Provide strategies for fatality review teams on how to use case review findings to create and implement recommendations that are trauma-informed



Provide resources for creating trauma-informed systems



Guest Speaker

Mary Mueller, LMSW

Coordinator for Trauma Informed Systems

Division of Child and Adolescent Health

Michigan Department of Health and Human Services



Fatality Review Teams & Trauma Informed Systems

Mary Mueller, LMSW

November 118, 2020



Agenda

- Trauma and Its Impact on Parenting
- Trauma Informed Systems of Care
- Fatality Review Team Recommendations

Poll

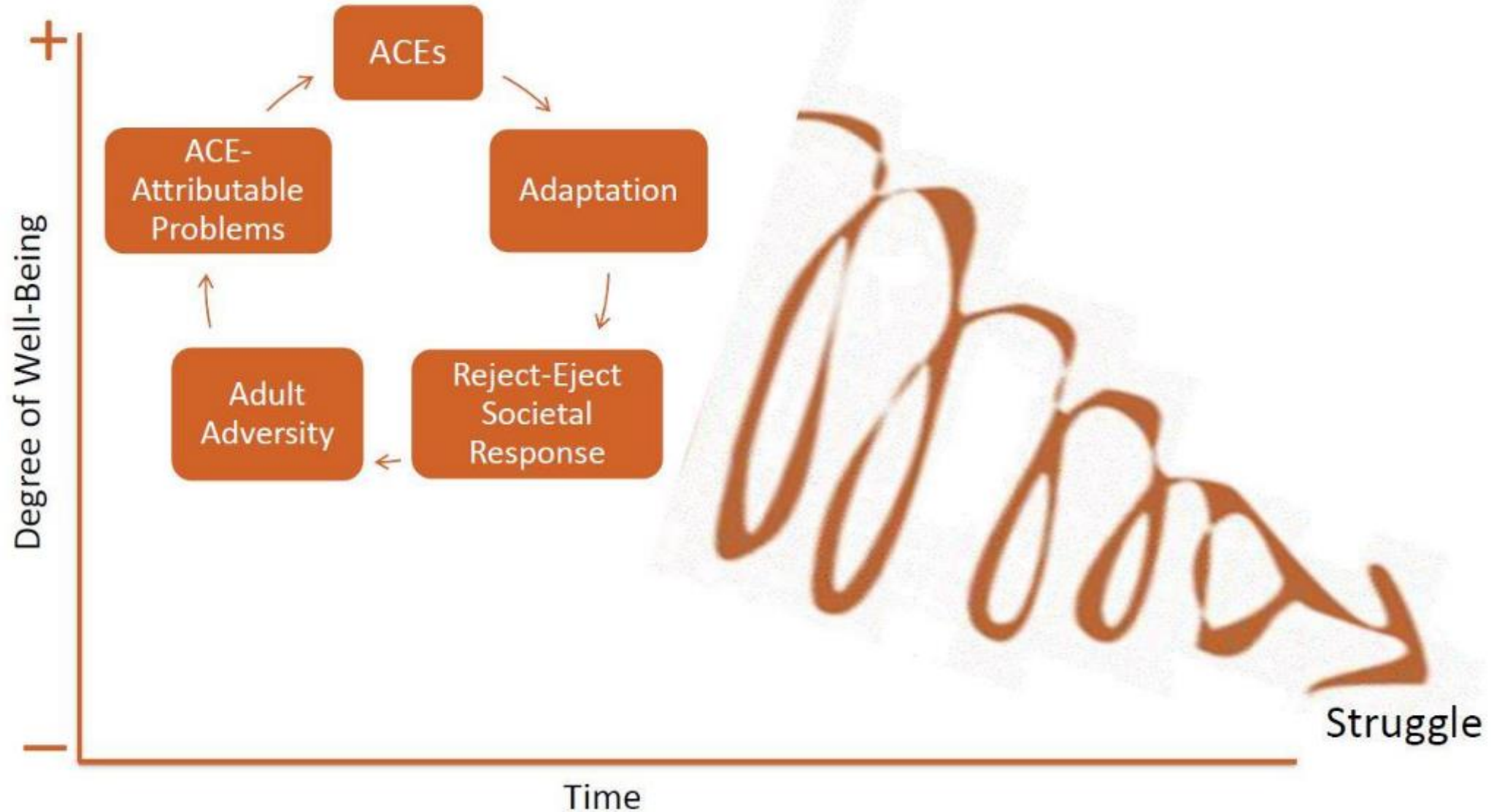
To What Extent Is Trauma a Factor in Your Review Team's Discussion?

- A great deal
- Some extent
- Not at all
- Not sure



Vicious Cycle

Adversity is amplified with each turn around the loop



Impact on Early Development: Caregiving with Traumatic Experience

- Mother releases cortisol
- Baby absorbs cortisol through placenta
- Can impact baby's
 - HPA axis
 - Central nervous system
 - Limbic system
 - Autonomic nervous system

- Caregiver struggles to regulate
- Attachment relationship may be strained
- Can impact child's
 - Core sense of self
 - Ability to integrate experiences
 - Epigenetic expressions





- Be more prone to PTSD after trauma
- Struggle to repair after conflict
- Struggle with relationships
- Unintentionally bring out negative behaviors in others
- Be emotionally detached
- Be more prone to dissociate

Adulthood: A Person Who Has Had a
Caregiver with Untreated Trauma



For Example

Abuse in childhood → Abuse for next generation

Abuse in childhood → Other ACEs

Abuse in childhood → Difficult family climate





Breaking the Cycle of Trauma

What Impact Do Parents Have?

- The most powerful people for reducing ACE scores in the next generation are parenting adults
- Parents have the most opportunity & the most potential for changing the trajectory of the public's health for generations

What is Trauma – Informed Care?

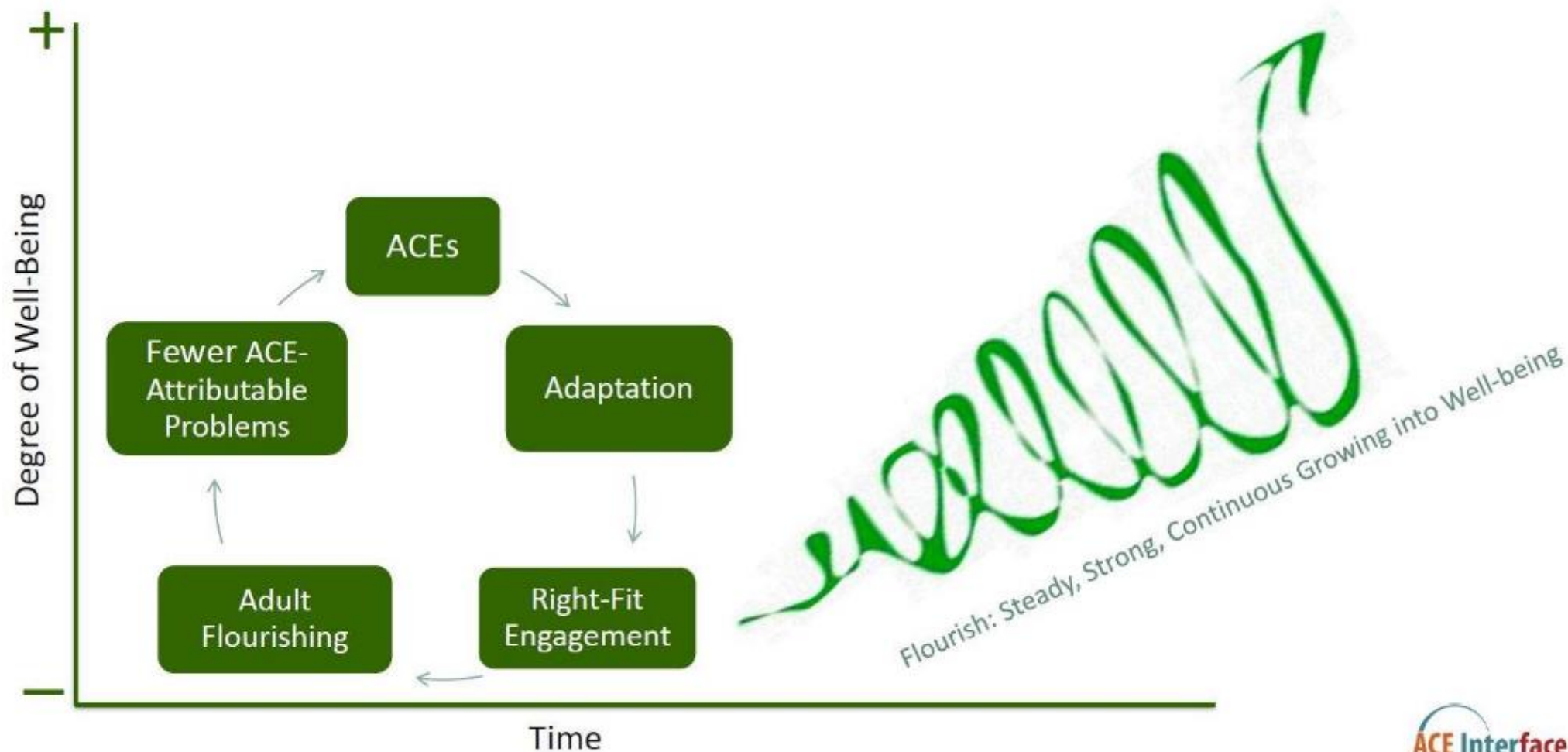
A strengths-based framework grounded in an understanding of and responsiveness to the impact of trauma, that emphasizes physical, psychological and emotional safety for BOTH providers and survivors, and that creates opportunities for survivors to rebuild a sense of control and empowerment.

- Shenandoah Chefalo – The Center for Trauma Resilient Communities



Virtuous Cycle

Flourishing is amplified with each turn around the loop



Three Levels of Care



Personal



Interpersonal



Organizational

Building Resilience



Trauma Informed Approach: Key Principles

Safety

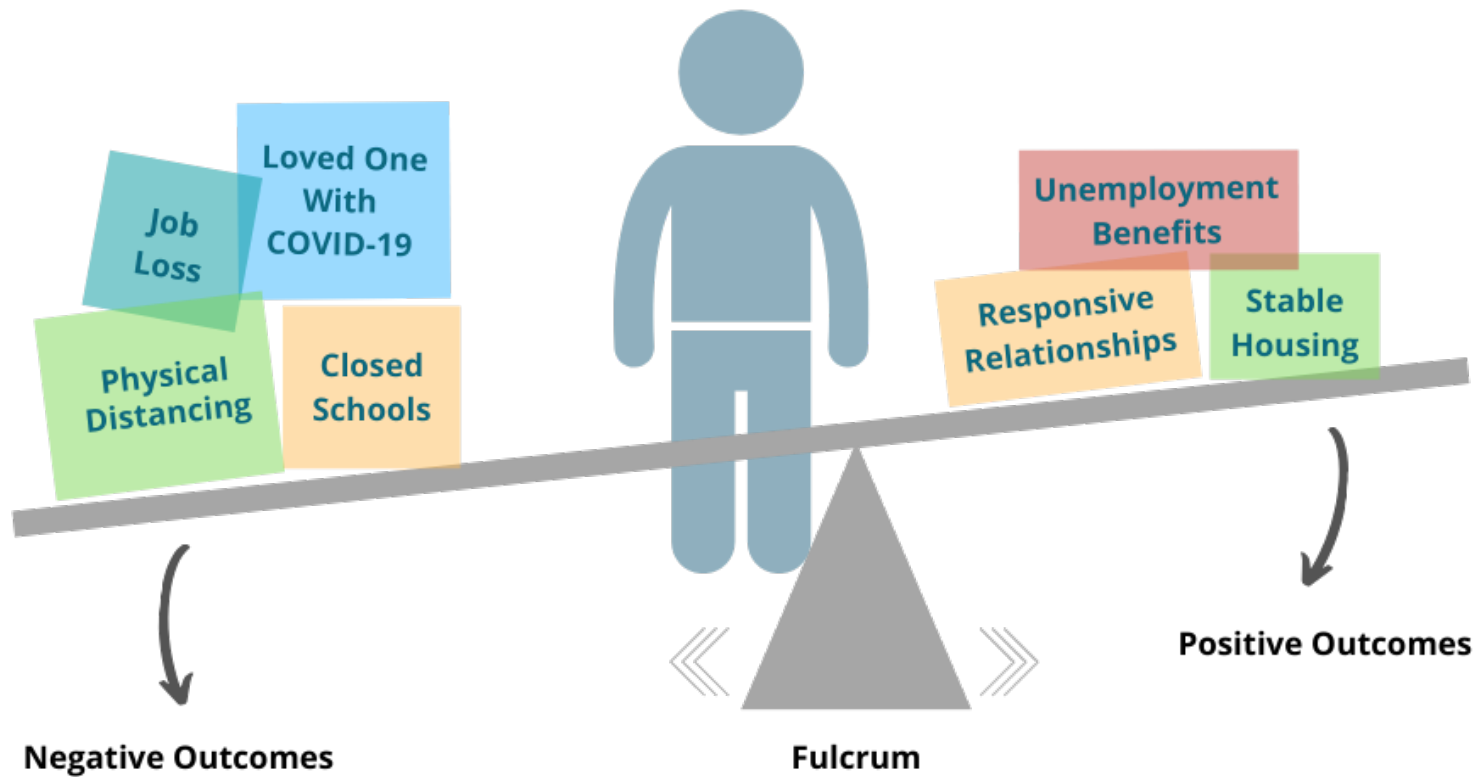
Collaboration

Voice & Choice

Trustworthiness

Peer Support

Cultural,
Historical &
Gender Issues



Reframe See-Saw

Center for the Developing
Child – Harvard University

Unload the Negative Side: Reducing Sources of Stress

- Address basic needs
- Ask about & respond to major sources of stress
- Follow the person's lead
- Welcoming/well-regulated work environments
- Provide staff supports to manage their own stress

Load Up the Positive Side: Support Responsive Relationships

- Be motivated to build relationships
- Stay engaged & connected
- Encourage connections to peers, community & culture
- Organization allows time for building relationships

Move the Fulcrum: Strengthen Core Life Skills

- Coaching with clients & staff
- Focus on strengths & abilities
- Small, incremental steps with feedback
- New skills develop over time
- Teach coping & calming skills

Poll


Which TI Strategies Does Your Review Team Recommend?

- Reduce sources of stress
- Support responsive relationships
- Strengthen core life skills
- None of the above



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Fatality Review Team Recommendations

- What are systems doing to reduce unload the negative side?
 - Safety
 - Trustworthiness
 - What are systems doing to load up the positive side?
 - Peer support
 - Cultural, historical, gender issues
 - What are systems doing to move the fulcrum?
 - Voice & choice
 - Collaboration
- 
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Fatality Review Team Recommendations

What are systems doing to prevent infant/child deaths?

Is trauma a factor?

How is trauma addressed?

How are caregivers supported?

What are systems doing to address the trauma of infant/child death?

Grief support for caregivers & families

Grief support for providers

Ongoing connections with caregivers



“...The book of events is always open halfway through.”

W. Szymborska



QUESTIONS



Resources

- ACE Interface, www.aceinterface.com
- Center for the Developing Child – Harvard University, www.developingchild.harvard.edu
- National Institute for the Clinical Application of Behavioral Medicine, www.nicabm.com
- SAMHSA: *The Concept of Trauma and Guidance for a Trauma Informed Approach*,
<https://store.samhsa.gov/product/SAMHSA-s-Concept-of-Trauma-and-Guidance-for-a-Trauma-Informed-Approach/SMA14-4884>
- The Center for Trauma Resilient Communities, Shenandoah Chefalo, www.crossnore.org/center-for-trauma-resilient-communities/

THANK YOU!

Mary Mueller, LMSW

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www.Michigan.gov/traumatoxicstress

QUESTIONS

WHAT ADDITIONAL INFORMATION WOULD BE HELPFUL?



USE THE QUESTION AND ANSWER BOX

The box is located at the bottom of the screen



UNANSWERED QUESTIONS

All unanswered questions will be answered and posted on the National Center's website (URL: www.ncfrp.org).



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A dark silhouette of a person with long, flowing hair, positioned in the center of the frame. The person appears to be looking away from the camera, with their hair blowing in the wind. This silhouette serves as a background element for the text.

THANK YOU FOR YOUR TIME!

www.ncfrp.com