



OBSERVE

- Protect time & place from interruption
- Sit quietly, fully attentive to supervisee
- Allow supervisee to “set the agenda”
- Follow supervisee’s lead
- Respect supervisee’s pace
- Remain aware of supervisee’s psychological & emotional state

LISTEN



- Invite supervisee to share details of the observation, assessment or practice hour
- Remain open, curious, non-judgmental & emotionally present
- Invite critical self-reflection about values, beliefs & personal biases as they affect work with families

OBSERVE

LISTEN

4

LITTLE
WORDS

RESPOND

WONDER

- Share in and support the expression of feelings, the pleasure(s) and the pain(s)
- Allow difficulties to be shared; respond with empathy & warmth
- Refrain from offering a steady stream of advice
- Remain curious & emotionally available in response to the shared reflections about culture, ethnicity & identity

- Pause, allow time to think before you respond
- Wonder with the supervisee what the parent, caregiver, infant or child might have experienced/felt during the moments shared
- Consider how diversity, ethnicity & identity affect the family’s responses, the supervisee’s responses, and your own



RESPOND

WONDER

