

# GRASSROOTS MATERNAL AND CHILD HEALTH LEADERSHIP TRAINING

## To Improve *Infant Mortality* Rates, Ask The *Women*®

### BACKGROUND

Indiana is the seventh worse state for infant deaths (babies dying before their first birthday). Over the past 5 years in Indiana, nearly 600 babies have died each year, that means a baby every dies nearly every 14 hours in our state. *It is time to build communities that support healthy pregnancies, infants and families. Grassroots Maternal and Child Health Leaders are needed to lead these community efforts!*

### OUR APPROACH

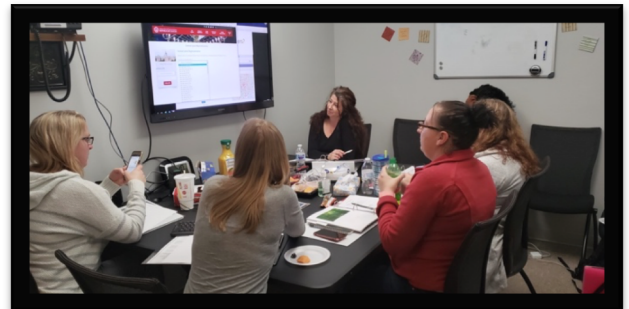
*We train and mentor grassroots maternal and child health leaders (GMCHL) who are skilled in bringing about social changes that improve birth outcomes for their communities. Grassroots leaders are best qualified to address poor birth outcomes in their communities, because they are a part of community. Our leaders become skilled in: telling their story and that of their neighborhoods, advancing policies to help their community, leading community development efforts.*



### PROGRAM OVERVIEW

***Throughout the year long program, each leader gets training and mentoring in:***

- Community leadership
- Addressing the causes and consequences of infant death
- Promoting health equity
- Using media to tell a story
- Policy advocacy and development
- Community health promotion



***Leaders can work on the following types of projects:***

- Serving families in affordable housing communities
- Serving pregnant/parenting women leaving prison
- Nurturing teen parents
- Serving pregnant women with substance use disorder
- Writing and presenting policies to improve community health
- Developing programs for churches

***For all their hard work, each leader receives:***

- \$300 monthly gift card for 12 hours of service each month to the project
- Personal life coaching
- Leadership coaching
- Professional development
- Professional photograph
- Connections to others that will help personal and professional growth



*This initiative is a partnership of the Indiana University School of Medicine, Department of Pediatrics and Indiana University Fairbanks School of Public Health, with funding support from The Riley Children's Foundation.*

**If you are over 18 years of age, have a computer and Internet access, and are interested in learning more about the Grassroots Maternal and Child Health Leadership Training Initiative, please contact:**

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*Visit our website to learn More About the Grassroots Maternal and Child Health Leadership Training Program at: <https://go.iu.edu/3jkX>*

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